

Love Thinks Pre & Post Test Results
Marriage Works! Ohio - Elizabeth's New Life Center
Dayton, Ohio

The Love Thinks program was delivered to n= 1428 participants in the Dayton, Ohio area. Approximately n= 556 completed both the pre and post-test evaluations based on their experience in the program. The Love Thinks program is a combination of the popular PICK a Partner (aka How to Avoid Falling for a Jerk) and Marriage LINKS programs. These programs were combined so that single, dating, engaged, and married participants could all attend the same course. Results revealed significant program effects on all variables. The results are presented below.

Table 1. Pre and post- test responses. N = 556.

How satisfied are you with...	Before	After	T-value
Your overall relationship	4.32	4.90	11.33
How you and your partner discuss your disagreements	3.34	4.32	15.56
The communication in your relationship	3.46	4.42	15.09
How your partner meets your needs	4.20	4.62	7.56
The level of trust <u>you</u> have for your partner	4.41	4.92	8.89
The level of trust <u>your partner</u> has for you	4.85	4.22	10.16
The chemistry in your relationship	4.54	4.90	6.86
Your sexual relationship	4.40	4.59	3.26
The amount of commitment in your relationship	4.65	5.03	6.51
How often...			
Is <u>your partner</u> willing to compromise	3.50	3.78	8.16
Are <u>you</u> willing to compromise	3.82	4.07	3.01
Do you understand each other's needs	3.49	3.79	7.50
Do you feel confident that you will be able to effectively solve problems with your partner	3.59	4.03	9.83
Do you let go of the upset feelings you have for your partner	3.72	4.03	7.58
Do you and your partner plan to spend time together as a couple	3.77	4.13	7.30
Do you listen to each other when having an argument	3.34	3.74	9.10
Do you and your partner discuss your sexual relationship	3.46	3.63	2.26
Do you and your partner use a calendar to plan things to do as a couple	2.51	3.01	8.78

Note: satisfaction was measured on a 6 point scale ranging from 1= very dissatisfied to 6 = very satisfied and frequency was measured on a 5 point scale ranging from 1= never to 5 = almost always. A significant program effect was found for all items at the $p < .0001$ level.

Table 2. Post-test responses presented. N = 863

	% Strongly Agree or Agree ▼	% Neither Agree nor disagree ▼	% Disagree or Strongly Disagree ▼
I learned new information from this program	94.9	0.7	4.4
I plan to use the information I learned from this program	94.5	1.8	3.7
This program was helpful to me personally	93.6	2.0	4.4
I would recommend this program to others	94.3	1.2	4.4
Overall, I am very satisfied with this program	93.6	2.0	4.4
I increased my understanding of how to maintain a close bond in my relationship	92.7	3.0	4.3
I feel more confident about managing my relationship	89.7	6.4	4.9
I intend to use what I learned in my relationships	94.9	1.4	3.7